

NSC Trials - Men/Sprints				
	300	400	500	
Spencer	145	280	335	760
Cameron	335	185		520
Donavon	280	230		510
Daniel		110	230	340
Zach S		335		335
Nick			280	280
Aden S	230			230
Josh			185	185
Cotton	185			185
Aiden B		145		145

Endurance

Endurance

NSC Trials - Men/Distance				
	1000	1500	2000	
Daniel	460	460	605	1525
Joey	395	395	395	1185
Spencer	605	530		1135
Gabe	335	335	460	1130
Wesley	530		530	1060
Cotton		605		605

NSC Trials - Women						
	300	400	800	1500	2000	
Jazzy	395	280	530	605	530	2340
Andi	335	395	395	395	605	2125
Alexsis	530	605	460	460		2055
Shya	605	530			460	1595
Lani	280		335	335	395	1345
Alli		460		530	335	1325
Shianna	460	335				795
Corie			605			605
Cori			280			280

1000m FINAL

Record 1.30.96
 Held by Justin Stelly
 Date 3/17/2011
 Lap time 9.10

11/18/2017		1000m (80/40/20/10/5/3/2/1)	
		Placement	Points
Time		no time	
Zach Stopplemoor	Des Moines, IA	1	80
Spencer Curtis	Roanoke, VA	2	40
Adrion Workman	Federal Way, WA	3	20
Donavon Sellers, #69	Des Moines, IA	4	10
Wesley Gandy #88	Salt Lake City, UT	5	5
Joey Harmon	Greensboro, NC	6	3
Josh Fredrickson	Seattle, WA	7	2

100m Final

Record
Held by
Date

8.911

Erin Jackson

11/18/2017

Athletes		Ht	Wt	Age	18-Nov	P.B	P.B. date
Erin Jackson #48	Orlando, FL	5'4"	135	24	8.911	8.911	11/18/2017
Corinne Stoddard #15	Federal Way, WA	5'5	120	16	8.977	8.977	11/18/2017
Kelsey Helman #03	Hagerstown, MD	5'4	135	21	9.103	9.103	11/18/2017
Alli Pfander #17	Puyallup, WA	5'7"	129	17	9.271	9.271	11/18/2017
McKenzie Browne #31	Trexlertown, PA	5'6"	150	21	9.303	9.303	11/18/2017
Jazzmyn Foster #16	Reading, PA	5'11	132	17	9.521	9.441	7/15/2017
Shianna Moses #24	Federal Way, WA	5'2"	134	18	9.599	9.599	11/18/2017

100m Final

Record 8.26
Held by
Date 4/26/2012

Athletes		Ht	Wt	Age	Sprint/Endurance	11/18/2017 time	P.B	P.B. date
Zach Stopplemoor #21	Des Moines, IA	5'8	138	18	Endurance	8.400	8.400	11/18/2017
Brandon Hall #55	Federal Way, WA	5'6"	145	20	Sprint	8.463	8.410	3/15/2012
Donavon Sellers #69	Des Moines, IA	5'9"	160	24	Sprint	8.615	8.310	4/26/2012
Spencer Curtis #18	Greensboro, NC	6'1	155	18	Endurance	8.647	8.647	11/18/2017
Steven Villegras #06	Colombia	5'6	138	18	Sprint	8.695	8.695	11/18/2017
Adrion Workman #25	Federal Way, WA	5'10	150	15	Endurance	8.807	8.807	11/18/2017
Mikey Ratliff #02	Greensboro, NC	5'7	150	33	Sprint	8.847	8.847	11/18/2017
Maurice Hall #90	Richmond, VA	6'3"	180	26	Sprint	8.855	8.490	3/14/2013
Joey Harmon #94	Greensboro, NC	6'0"	155	23	Endurance	8.983	8.983	11/18/2017

1300m FINAL

Record 2.11.508
Held by Corinne Stoddard
Date 7/15/2017
Lap time 10.116

11/18/2017		1300m (80/40/20/10/5/3/2/1)	
		Placement	Points
Time		2.15.255	
Corinne Stoddard #15	Federal Way, WA	1	80
Kelsey Helman #03	Hagerstown, MD	2	40
Erin Jackson	Orlando, FL	3	20
Alli Pfander #17	Puyallup, WA	4	10
Jazzmyn Foster #16	Reading, PA	5	5
McKenzie Browne	Trexlerstown, PA	6	3
Shianna Moses	Federal Way, WA	dnf	1

1600m FINAL

Record 2.31.223
 Held by Justin Stelly
 Date 7/15/2017
 Lap time 9.4514375

11/18/2017		1600m (80/40/20/10/5/3/2/1)	
		Placement	Points
Time		2.39.671	
Zach Stopplemoor	Des Moines, IA	1	80
Spencer Curtis	Roanoke, VA	2	40
Donavon Sellers, #69	Des Moines, IA	3	20
Joey Harmon	Greensboro, NC	4	10
Josh Fredrickson	Seattle, WA	5	5
Wesley Gandy #88	Salt Lake City, UT	6	3
Adrion Workman	Federal Way, WA	dnf	1

300m FINAL

Record 28.263
 Held by Erin Jackson
 Date 5/23/2015
 Lap time 9.421

11/18/2017

300m (80/40/20/10/5/3)

		Placement	Points
Time		28.695	
Erin Jackson #48	Orlando, FL	1	80
Kelsey Helman #03	Hagerstown, MD	2	40
Corinne Stoddard #15	Federal Way, WA	3	20
McKenzie Browne	Trexlertown, PA	4	10
Alli Pfander #17	Puyallup, WA	5	5
Shianna Moses	Federal Way, WA	6	3
Jazzmyn Foster #16	Reading, PA	7	1

300m FINAL

Record 25.57
 Held by
 Date 3/15/2012
 Lap time 8.523

11/18/2017

300m (80/40/20/10/5/3)

		Placement	Points
Time		27.143	
Brandon Hall #55	Federal Way, WA	1	80
Steven Villegas	Colombia	2	40
Maurice Hall #90	Seattle, WA	3	20
Mikey Ratliff	Greensboro, NC	4	10
Stephen Carter	Philadelphia, PA	5	5
Zac Sagiao #15	Federal Way, WA	6	3

500m FINAL

Record 42.73
 Held by
 Date 3/15/2012
 Lap time 8.55

11/18/2017

500m (80/40/20/10/5/3)

		Placement	Points
Time		46.023	
Brandon Hall #55	Federal Way, WA	1	80
Steven Villegas	Colombia	2	40
Maurice Hall #90	Seattle, WA	3	20
Mikey Ratliff	Greensboro, NC	4	10
Stephen Carter	Philadelphia, PA	5	5
Zac Sagiao #15	Federal Way, WA	6	3

GRAND CHAMPION FINAL

Record	1.16.548
Held by	Kelsey Helman
Date	7/15/2017
Lap time	9.5685

11/18/2017		800m (60/30/15/8/4/2)	
		Placement	Points
Time		1.20.863	
Kelsey Helman #03	Hagerstown, MD	1	60
Corinne Stoddard #15	Federal Way, WA	2	30
Erin Jackson	Ocala, FL	3	15
Alli Pfander	Puyallup, WA	4	8
Jazzmyn Foster #16	Reading, PA	5	4
McKenzie Browne	Trexlertown, PA	6	2
Shianna Moses	Federal Way, WA	dnf	1

GRAND CHAMPION FINAL

Record	1.09.34
Held by	Michael Cheek
Date	3/15/2012
Lap time	8.6675

11/18/2017		800m (60/30/15/8/4/2)	
		Placement	Points
Time		1.13.680	
Zach Stopplemoor	Des Moines, IA	1	60
Spencer Curtis	Greensboro, NC	2	30
Steven Villegas	Colombia	3	15
Adrion Workman	Federal Way, WA	4	8
Donavon Sellers, #69	Des Moines, IA	5	4
Brandon Hall #55	Federal Way, WA	6	2
Maurice Hall #90	Seattle, WA	dnf	1