

OFFICIAL NOTICE

CURRENT SPEED SKATING SEASON

JANUARY 2019



This notice provides more in depth information on the proposals ratified by the Board of Directors. As noted previously the proposals were ratified for immediate implementation. The full information from the Fall Board Meeting, and the full 2019 Rule Book can be found at www.usarollersports.org

**USA Roller Sports
4730 South Street
Lincoln, NE 68506
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SPEED SKATING

• **Add Esquire Two Person relays to Quad Speed**

SR132.1 Quad 2-Person Relays – Elite Program

Juvenile 2 Boy	10 & under	1200m
Juvenile 2 Girl	10 & under	1200m
Juvenile 2 Mix	10 & under	1200m
Freshman 2 Boy	11-13	2000m
Freshman 2 Girl	11-13	2000m
Freshman 2 Mix	11-13	2000m
Senior 2 Man	14 & older	5000m
Senior 2 Woman	14 & older	3000m
Senior 2 Mix	14 & older	3000m
Classic 2 Man	25 & older	2000m
Classic 2 Women	25 & older	2000m
Classic 2 Mix	25 & older	2000m
Master 2 Man	35 & older	2000m
Master 2 Woman	35 & older	2000m
Master 2 Mix	35 & older	2000m
Veteran 2 Man	45 & older	2000m
Veteran 2 Woman	45 & older	2000m
Veteran 2 Mix	45 & older	2000m
<i>Esquire 2 Man</i>	<i>55 & older</i>	<i>2000m</i>
<i>Esquire 2 Woman</i>	<i>55 & older</i>	<i>2000m</i>
<i>Esquire 2 Mix</i>	<i>55 & older</i>	<i>2000m</i>

• **Add Three-Person relays to Quad Speed**

SR133 Quad 3-Person Relays – Elite Program

<i>Freshman 3 Man</i>	<i>13 & under</i>	<i>1200m</i>
<i>Freshman 3 Woman</i>	<i>13 & under</i>	<i>1200m</i>
<i>Senior 3 Man</i>	<i>14 & older</i>	<i>3000m</i>
<i>Senior 3 Woman</i>	<i>14 & older</i>	<i>3000m</i>
<i>Master 3 Man</i>	<i>35 & older</i>	<i>1500m</i>
<i>Master 3 Woman</i>	<i>35 & older</i>	<i>1500m</i>

• **Separate the Three-Person relays more in the older events**

SR115.1 3-Person Relays – Elite Program

Relays shall not permit split club affiliation. Elite relays must consist of skaters who are all from the same club of registration, or all who are in unattached status.

Juvenile 3 Person	9 & under	1200m
Freshman 3 Boy	10-13	<i>2100m</i>

Freshman 3 Girl	10-13	2100m
Freshman 3 Mix	10-13	2100m
Senior 3 Man	14 & older	4500m
Senior 3 Woman	14 & older	3000m
Senior 3 Mix	14 & older	3000m
Master 3 Man	25 & older	3000m
Master 3 Woman	25 & older	3000m
Master 3 Mix	25 & older	3000m
<i>Veteran 3 Man</i>	<i>45 & older</i>	<i>2100m</i>
<i>Veteran 3 Woman</i>	<i>45 & older</i>	<i>2100m</i>
<i>Veteran 3 Mix</i>	<i>45 & older</i>	<i>2100m</i>

- **Create a Junior Coaching Program** - *In process*

- **Starting line positions to be marked to avoid crowding on the starting line**

SR211.4 The official track for all meets qualifying skaters to the national championships is 100m per lap.

A. The starting line shall be four (4) feet-1.2 meters-behind pylon 4. Only one (1) starting line is permitted. Contests are required to provide a minimum of 32 inches per skater at the pylon #4 starting line without moving the pylon in. *The 32 inch lanes will be marked.*
In the event there are not enough contestants to fill the lanes, the undrawn lanes will remain open.

Typical floor size for the number on the line:

<u>Floor Width</u>	<u>Number on the line</u>
75'	6
78'	7
85' or more	8

B. The timing of races will start at the timing line located in the center of the track between pylons 1 and 4. This timing line is also the finish line.

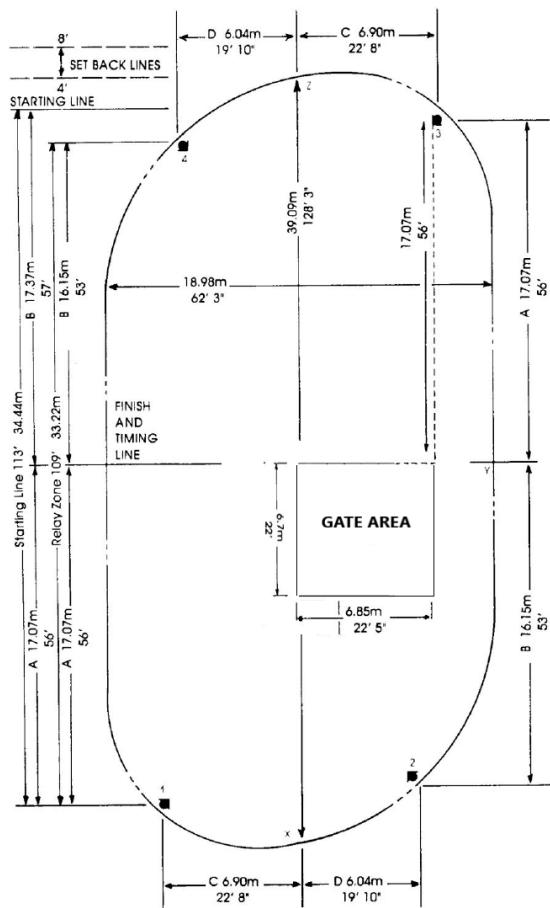
- **Change the lanes in the relay box to 32 inches wide**

SR220.4 The gate area is a series of lanes marked out and located in the center of the skating surface. There are as many lanes as there are teams in the event. Each lane is a maximum of *2-1/2 feet 32 inches* wide and a maximum of 22 feet long. (See track diagram.) Lanes are used for four person relays only. The size of the gate area shall not exceed 22-1/2 feet wide by 22 feet long.

- **Move the location of the relay box to be in line with pylon 3**

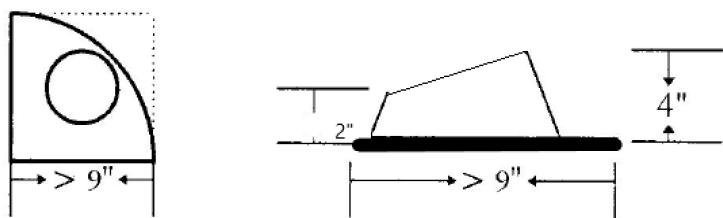
SR220.5 Placement of the gate area at all qualifying meets is to be approximately 56 feet from the front of the gate area to pylon 3, *and placed in line with pylon 3 (see diagram below)*. The size of the gate area is left to the discretion of the chief referee. The gate area will change if the track is moved more than four feet.

Official Championship 100m Track



- **Cut angles in the cones**

SR211.6 The official pylon or corner marker approved for use in USARS sanctioned speed competitions should be made of rubber or plastic material with no protrusions or edges exposed to the skating surface. The style of the pylon is similar to that of a traffic or safety cone. The height of the corner marker must be 4" and the base of the pylon no less than 9" across. As noted in the diagram below, one corner lip of the pylon must be cut away for proper placement of the pylon, *and an angle must be cut in the top of the pylon.*



- **For a Speed B Commission - remove the requirement that the applicant have endorsement of the league or Regional USARS President or Chairperson**

SR820.2 **Speed “B” Commission** - Needed to act as a Regional Championship Official. To be eligible for this commission an applicant must have at least one-year of experience as a “C” official and have worked at least six contests. No written test is required. *however, a candidate must have the endorsement of the league or Regional USARS President or Chairperson.*

- **Remove the adherence of the international rule that if a skater is disqualified for a sport fault, he or she is automatically suspended for the following race**

SR950 **GENERAL CONDUCT OF OUTDOOR CHAMPIONSHIPS**

The Outdoor National Championships will utilize the CIC rulebook, with modifications to fit Nationals *and Trials* requirements. This includes the declassification and warnings that are issued in International competitions. *Automatic Suspension (art 181) from the World Skate Speed Technical Commission General Regulations is not adhered to at Trials.*